



GREATER SWEETHOME MISSIONARY BAPTIST CHURCH

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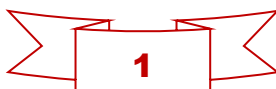
THE DANIEL FAST ~ 21-Day Experience With God ~

"I ate no pleasant food, no meat or wine came into my mouth, nor did I anoint myself at all, till three whole weeks were fulfilled." (Daniel 10:3 NKJV)

SCRIPTURAL REFERENCES

Daniel 1:1-21; Daniel 10; Matthew 6:5-18, Mark 9:29; Isaiah 58, 2 Chronicles 7:14

Scripture references are from various bible versions.



Avoid health and medical problem, see your doctor.



OVERVIEW OF THE DANIEL FAST

In the Old Testament book of Daniel, we can get great information regarding fasting. Both Daniel's physical and spiritual diets were an important part of his relationship with God. He ate carefully and lived prayerfully. While he limited his intake of food, Daniel indulged his prayer life. He put into practice his convictions, even when it put his life in danger.

The Daniel Fast is a partial fast that will lead to spiritual insight. Daniel and his friends ate only vegetables and drank only water (Daniel 1:8-12). Later, in Daniel chapter 10, Daniel fasted for three weeks (21 days). During this time of consecration, he abstained from choice foods and waited on God in prayer concerning the destiny of his people. The application of the Daniel Fast requires abstinence from certain foods. The most important point is to decide ahead of time how you are going to apply the Daniel Fast; then stick to your commitment for the length of time you have decided to fast. The Greater Sweethome Baptist Church family will fast for 21 days. You may even feel that it is good to make a permanent lifestyle change to the Daniel Fast.

7 - STEPS FOR THE DANIEL FAST

1) Be Specific

Daniel was not vague in his objection to the Babylonian diet. He defined the problem immediately.

- a. The king's food was against Old Testament dietary laws.
- b. Daniel and his friends had vowed against wine.
- c. The king's food had been offered up to idols/demons.

2) Fast as a Spiritual Commitment

The Daniel Fast involves a spiritual commitment to God. "Daniel purposed in his heart that he would not defile himself." (Daniel 1:8)

3) Reflect Inner Desire By Outer Discipline

Many people have a desire for better lives, health, marriage, finances, and etc. but they lack the discipline to achieve them.

4) Pray to Receive God's will For Your Life

Reference James 5:13-20 for both spiritual healing and physical health.

5) Fast as a Statement of Faith

Daniel was making a statement of faith when he asked for only vegetables to eat and water to drink. Then he dared the overseer to compare the appearance of the sons of Israel with the young men who ate the king's food. (Daniel 1:13)

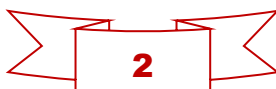
6) Learn the Effects of the Food You Eat

Why are some foods good for us, and other foods not? What does certain foods do to your body?

7) Yield All Results to God

Daniel said, "As you see fit, deal with your servants." (Daniel 1:13)

Scripture references are from various bible versions.



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FOODS TO EAT

All Whole Grains

Brown Rice, Whole Wheat Pasta, Oatmeal, Oats, Rolled Oats, Barley, Corn, Popcorn, and Wheat.

All Legumes (Canned or Dried)

Black Beans, Black-eyed Peas, Cannellini Beans, Garbanzo Beans (Chickpeas), Great Northern Beans, Kidney Beans, Lentils, Dried Beans, Pinto Beans, and Split Peas.

All Fruits (Fresh, Frozen, Dried, Juiced, or Canned)

Apples, Apricots, Bananas, Blackberries, Blueberries, Boysenberries, Breadfruit, Cantaloupe, Cherries, Coconuts, Cranberries, Dates, Figs, Grapefruit, Grapes, Grenadine, Guava, Honeydew, Melons, Kiwi, Lemons, Limes, Mangoes, Mulberry, Nectarines, Oranges, Papayas, Peaches, Pears, Pineapples, Plums, Prunes, Raisins, Raspberries, Strawberries, Tangelos, Tangerines, Watermelon.

All Vegetables

Artichokes, Avocadoes, Asparagus, Beets, Broccoli, Brussels, Sprouts, Cabbage, Carrots, Cauliflower, Celery, Chili Peppers, Corn, Cucumbers, Eggplants, Garlic, Gingerroot, Kale, Leeks, Lettuce, Mushrooms, Mustard Greens, Olives, Okra, Onions, Parsley, any peppers, Potatoes, Radishes, Rutabagas, Scallions, Spinach, Sprouts, Squashes, Sweet Potatoes, Tomatoes, Turnips, Watercress, Yams, Zucchini.

All Seeds, Nuts, & Sprouts

All nuts & seeds, including almonds, cashews, macadamia nuts, peanuts, pecans, pine nuts, walnuts, pumpkin seeds, sesame seeds, and sunflower seeds. Unsweetened almond milk and nut butters are also included.

Liquids

Distilled, Filtered, and Spring Water, 100% All Natural Fruit Juices and Vegetable Juices, etc.

Limit **SALT** Intake

FOODS TO AVOID

Limit **DECAF COFFEE** Intake

Meat & Animal Products: beef, buffalo, fish, lamb, poultry, pork and sea food.

Dairy Products: butter, cheese, cream, eggs, and milk.

Solid Fats: lard, margarine, shortening, and high fat products.

Sweeteners: agave nectar, artificial sweeteners, sugar substitutes, high fructose corn syrup, cane juice, honey, molasses, raw sugar, syrups, stevia, and refined sugar.

Leavened Bread & Yeast: baked goods and Ezekiel bread (if it contains yeast and honey).

Refined & Processed Food Products: artificial flavorings, chemicals, food additives, preservatives, white rice, white flour, and pasta made with enriched white flour.

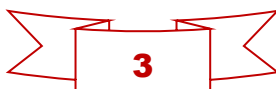
Deep-Fried Foods: corn chips, French fries, and potato chips.

Beverages: wine, alcohol, carbonated and caffeinated drinks, energy drinks, herbal tea, and tea.

SPECIAL NOTE

The Daniel Fast should be done only under a doctor's care and with the doctor's approval.

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PLANNING YOUR FAST **(Complete this Commitment Form)**

1. Seek the advice of your physician before you fast. (Proverbs 14:28)
 2. Make your commitment and determine the length. (Deuteronomy 23:23)
 3. Have a clear vision for your prayer focus. (Isaiah 58:5-6; Zechariah 7:5-6)
 4. Prepare physically. (Luke 14:28)
 5. Fast in secret. (Matthew 6:16-18)
 6. Fast and pray in order to humble yourself and purify your worship. (Ezra 8:21)
 7. Prepare for opposition. (Daniel 10:12-13)
 8. Make "Quiet Time" a priority when fasting.
 9. Expect to hear God's voice through and according to His Word.
 10. If you fail, do not give into condemnation (Romans 8:1)
 11. Break the fast over several hours and days of light eating.
 12. Breakthroughs often come after, not during a fast. (Daniel 10:3- 4)
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DANIEL FAST COMMITMENT

I _____, commit to complete the Daniel Fast, as a sacrifice unto the Lord. I will fast, pray, and meditate for _____ days. My fast will begin on _____ and end on _____.

Date: _____

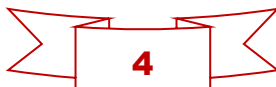
Signature: _____



DAILY PRAYER FOCUS

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Day 1 SPIRITUAL GROWTH - Commitment to the fast

Lord God, we fast and pray today in total thanksgiving. We give You thanks in all circumstances. Our hearts and minds are fixed on Jesus Christ who is pure, loving, kind, holy, and gentle. We will praise the Lord according to His righteousness: and will sing praise to the name of the Lord Most High. (Psalm 7:17) We will praise thee, O Lord, with our whole heart; we will shew forth all thy marvelous works. (Psalm 9:1) Father, we pray for strength and power from the Holy Spirit to sustain us in our commitment to this season of prayer and fasting. We will meditate on God's Word day and night. (Psalms 1:1-2) **AMEN!**

God's Prayer Promise: We have this confidence before God and receive from Him anything we ask, because we obey His commands and do what pleases Him. (1 John 3:21-22)

Day 2 SPIRITUAL GROWTH – To be disciples of Jesus Christ


Father God, as we fast and pray today, our desire is to be Your disciples. Help us to stay focused on Your will for us as Your ambassadors. You said in Your Word, ".....If any man will come after Me, let him deny himself, and take up his cross, and follow Me. For whosoever will save his life shall lose it: and whosoever will lose his life for My sake shall find it." (Matthew 16:24-25). Give us the discipline, self-control, and commitment to do what Paul told Timothy, "Study to shew thyself approved unto God, a workman that needeth not to be ashamed, rightly dividing the word of truth." (2 Timothy 2:15). "For we are His workmanship, created in Christ Jesus unto good works, which God hath before ordained that we should walk in them." (Ephesians 2:10) We are confident of this very thing, that He which hath begun a good work in us will perform it until the day of Jesus Christ. (Philippians 1:6) **AMEN!**

God's Prayer Promise: "But thou, when thou prayest, enter into thy closet, and when thou hast shut thy door, pray to thy Father which is in secret; and thy Father which seeth in secret shall reward thee openly." (Matthew 6:6)

Day 3 SPIRITUAL GROWTH – For a closer walk with the Lord

Father, we fast and pray for a closer walk with You today. (Psalms 69:32). We pray for a humble walk with You. (Micah 6:8) We pray that You will lead and guide us to the spiritual growth You desire in us. You said in Your Word, "For I know the plans I have for you," declares the Lord, "plans to prosper you and not to harm you, plans to give you hope and a future." (Jeremiah 29:11) Lord, You are the Potter and we are the clay. Mold us and shape us to be what You would have us to be. (Isaiah 64:8) **AMEN!**

God's Prayer Promise: "You did not choose Me, but I chose you and appointed you to go and bear fruit that will last. Then the Father will give you whatever you ask in My name." (John 15:16)



PRAYER:

Dear Jesus, you are my light and salvation. You are my hope. Please come into my heart, forgive all my wrongs and give me your wonderful gift of eternal Life. Help me be an instrument of your love and cause your light to shine on others through me.

Amen



Day 4 HOLINESS AND PURIFICATION – Confession and Repentance

We fast with prayers of confession and repentance. I confess my sins today, Father God, and we ask for forgiveness. We desire to be holy as You are holy. Please cleanse us and restore us as we confess my sins. "Search me, O God and know my heart; try me and know my thoughts: And see if there be any wicked way in me, and lead me in the way everlasting." (Psalm 139: 23-24) Renew and refresh us like you did David when he prayed, "Create in me a clean heart, O God; and renew a right spirit within me. Cast me not away from thy presence; and take not thy holy spirit from me. Restore unto me the joy of thy salvation; and uphold me with thy free spirit." (Psalm 51:10-12) Thank You for being faithful and just; for forgiving our sins; for purifying us from all unrighteousness. **AMEN!**

God's Prayer Promise: "If we confess our sins, he is faithful and just to forgive us our sins, and to cleanse us from all unrighteousness." (1 John 1:9)

Day 5 HOLINESS AND PURIFICATION – Restoration and Renewal

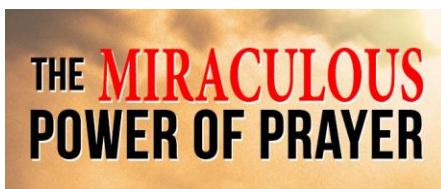
Father, we rest in You today and give You praise, honor and glory. We fast and pray for restoration and renewal for this season of sanctification. Lord we offer to You our sacrifice of praise, the fruit of our lips, giving thanks. (Hebrews 13:15) Lord, we lift You up in worship. We stand in agreement when we say, "O magnify the Lord with me, and let us exalt His name together." (Psalm 34:3) Since we have these promises, let us purify ourselves from everything that contaminates body and spirit, perfecting holiness out of reverence for God. (2 Corinthians 7:1) "Whoever is wise, let him heed these things and consider the great love of the Lord." (Psalm 107:43) **AMEN!**

God's Prayer Promise: "Have mercy upon me, O God, according to thy lovingkindness: according unto the multitude of thy tender mercies blot out my transgressions. Wash me thoroughly from mine iniquity, and cleanse me from my sin. For I acknowledge my transgressions: and my sin is ever before me." (Psalm 51:1-3)

Day 6 HOLINESS AND PURIFICATION – Spiritual Focus

Father God, we fast and pray for spiritual cleansing and focus. Please make us an instrument of Your peace. Let us throw off everything that hinders us, and sin that so easily entangles. We declare today what David said, "I will bless the Lord at all times, His praises shall be in my mouth." (Psalms 34:1) We will praise God in His sanctuary. (Psalms 150:1) We will be imitators of God, therefore, as dearly loved children and live a life of love, just as Christ loved us and gave Himself up for us as a fragrant offering and sacrifice to God. (Ephesians 5:1-2) We will present our bodies a living sacrifice, holy, acceptable unto God, which is our reasonable service. We will not conformed to this world: but will be transformed by the renewing of our minds, that we may prove what is that good, and acceptable, and perfect, will of God. (Romans 12:1-2) **AMEN!**

God's Prayer Promise: "He has saved us and called us to a holy life—not because of anything we have done but because of his own purpose and grace. This grace was given us in Christ Jesus before the beginning of time." (2 Timothy 1:9)





Day 7 DIRECTION AND VISION – God-given Insight

Today we fast and focus on Your invincible Truth, Father God. We pray that Your presence will abide with us in a special way. We desire to have intimate fellowship with You. Touch our hearts in such a way that we will desire an even deeper fellowship with You and offer You our sacrifices of praise, worship and obedience. We plead for vision and discernment like Solomon. Give us wisdom and very great insight, and a breadth of understanding as measureless as the sand on the seashore. (1 Kings 4:29) **AMEN!**

God's Prayer Promise: "Wisdom and knowledge is granted unto thee; and I will give thee riches, and wealth, and honour, such as none of the kings have had that have been before thee, neither shall there any after thee have the like." (2 Chronicles 1:12)

Day 8 DIRECTION AND VISION – Divine Guidance

Father, today we fast and pray, seeking Your guidance and blessing for our personal needs. Lord God, we know that Your Word is true; that You will supply all of our needs according to Your riches in glory. (Philippians 4:19) Help us to stand in faith and to seek Your Kingdom and Your righteousness so that all we need can be added to us. (Matthew 6:33). We thank You in advance for all of Your provisions and for every blessing, those seen and especially those not seen, as we walk by faith and not by sight. We realize today that "Every good gift and every perfect gift is from above, and cometh down from the Father of lights, with whom is no variableness, neither shadow of turning." (James 1:17) **AMEN!**

God's Prayer Promise: "Above all, you must understand that no prophecy of Scripture came about by the prophet's own interpretation of things. 21 For prophecy never had its origin in the human will, but prophets, though human, spoke from God as they were carried along by the Holy Spirit." (2 Peter 1:20-21)

Day 9 DIRECTION AND VISION – Revelation

We fast with prayers of worship and thanksgiving. We seek your divine guidance as a stranger traveling thorough a barren land. You said in Your Word, "Call unto Me, and I will answer thee, and show thee great and mighty things, which thou knowest not." (Jeremiah 33:3) Therefore, we put our hope and trust in You, knowing that You have already made provisions for us. Our souls magnify the Lord in our songs, in our prayers, in our giving, and in our study. We stand in awe of Your greatness and power. We long for Your presence. "I spread out my hands to You; my soul thirsts for You like a parched land." (Psalm 143:6) I glorify Your name for You have done great things. **AMEN!**

God's Prayer Promise: "But the Comforter, which is the Holy Ghost, whom the Father will send in my name, he shall teach you all things, and bring all things to your remembrance, whatsoever I have said unto you." (John 14:26)





Day 10 OUR FAMILIES – Marriages

Father God, we fast and pray for the marriages and families within our ministry and within our community. Let the husband and wife submit to one another out of reverence for Christ. (Ephesians 5:21) Let each husband love his wife even as Christ also loved the church, and gave Himself for it. (Ephesians 5:25) Let each wife respect her husband, and submit herself to your own husband as unto the Lord. (Ephesians 5:22) We ask that You will fortify husbands and wives so that they will be able to stand against the schemes of the enemy that seek to destroy the unions of marriage You have established. "Your right hand, O Lord, is glorious in power. Your right hand, O Lord, dashes the enemy to pieces." (Exodus 15:6) **AMEN!**

God's Prayer Promise: "And we receive of Him anything we ask, because we obey His commands and do what pleases Him." (1 John 3:22)

Day 11 OUR FAMILIES – Children and Teens

Father, in the precious name of Jesus, we ask for Your continued guidance, protection, and assistance in the lives of our children and teens. Protect them from all manner of evil. Protect them from hurt, harm, and danger. Keep them pure spiritually, emotionally, psychologically, and physically. Make them to seek Your face. (Psalm 24:6) Grant us, as parents, to raise them in the fear and the admonition of the Lord and not provoke them to wrath. (Ephesians 6:4) Give us the wisdom and knowledge to train them up in the way they should go. (Proverbs 22:6) **AMEN!**

God's Prayer Promise "For no matter how many promises God has made, they are "Yes" in Christ. And so through him the "Amen" is spoken by us to the glory of God." (2 Corinthians 1:20)

Day 12 OUR FAMILIES – Future Generations

Father, as You have aligned our hearts with Yours during this fast, we lift up future generations unto You. Allow our children and our children's children to walk in godliness and Kingdom purpose. Let what You have started in us perpetuate in them, as You take them from 'glory to glory.' (2 Corinthians 3:18). "Praise the LORD. Blessed is the man who fears the LORD, who finds great delight in his commands. His children will be mighty in the land; the generation of the upright will be blessed." (Psalms 112:1-2) **AMEN!**

God's Prayer Promise "That the generation to come might know them, the children who would be born, That they may arise and declare them to their children: that they may set their hope in God, and not forget the works of God, but keep His commandments." (Psalm 78:6-7)





Day 13 OUR CHURCH – Unity among membership

Father, we pray as a Church family, asking that You will help us to be the Church You have called us to be - A House of Prayer. We ask in faith, in the name of Jesus, that You will convict our hearts to pray in the Spirit on all occasions, with all kinds of prayers and requests. We desire to always be alert and to pray for all the saints, especially for our Pastor and his family. Give us the courage to love our enemies, bless them that curse us, do good to them that hate us, and pray for them which despitefully use us. (Matthew 5:44) Father, just as You are in me and I am in You, may they also be in us so that the world may believe that You have sent Me." (John 17:21) You said in Your Word, "...where two or three are gathered together in my name, there am I in the midst of them." (Matthew 18:20) **AMEN!**

God's Prayer Promise: "For as the body is one, and hath many members, and all the members of that one body, being many, are one body: so also is Christ." (1 Corinthians 12:12)

Day 14 OUR CHURCH – Pastor Thompson & his family and Church leaders

Father, we fast and pray today for our Pastor, the watchman over our souls. (Hebrews 13:17) We have faith in Your Word, that You who began a great work in him, will carry it on until the day of Christ. We pray for him, his wife, and children. We thank You for blessing the Greater Sweethome Baptist Church with a pastor who is highly favored by You; for he is committed to the vision You have given to him and we ask that You will help us to stay focused and committed to the plan that You have for our church. We pray for our Pastoral Staff, Administrative Staff, and Ministry Leaders. We hold them in highest regard because of their work. Please bless and keep them as they endeavor to do Kingdom work. We also fast and pray today for future building projects and church plans. We pray, believing, that the vision that has been set forth is fulfilled and we thank You! "For he looked forward a city with foundations, whose architect and builder is God." (Hebrews 11:10) **AMEN!**

God's Prayer Promise: "And I will give you pastors according to mine heart, which shall feed you with knowledge and understanding." (Jeremiah 3:15)

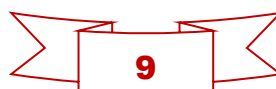
Day 15 OUR CHURCH – Ministries

Father God, we fast and pray today for all ministries of this church. Please strengthen every ministry to fulfill the mission of this church, to provide the enrichment, equipping, evangelizing, and the encouragement needed by our members and the community. Send more workers for the harvest, we pray. You said in Your Word that You would add to the church daily such as should be saved. (Acts 2:47) We ask that You will convict our hearts to serve You and Your people like never before. Lord revive us again, so that we may rejoice in You. (Psalms 85:6-7) **AMEN!**

God's Prayer Promise: "But watch thou in all things, endure afflictions, do the work of an evangelist, make full proof of thy ministry." (2 Timothy 4:5)



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Day 16 SPECIAL NEEDS – Healing and Health

Hear our prayer, O God, for the healing of illnesses and diseases among us. We pray the prayer of faith to save the sick, that You will raise them up and forgive their sins. (James 5:15) Jesus, we thank You today; You were pierced for our transgressions and wounded for our iniquities; the punishment that brought us peace was upon You and by Your stripes we are healed. "Praise the Lord, O my soul, and forget not all His benefits; who forgives all your sins and heals all your diseases, who redeems your life from the destruction and crowns you with love, kindness and mercy, who satisfies your desires with good things so that your youth is renewed like the eagle's." (Psalm 103:2-5) **AMEN!**

God's Prayer Promise: "The Spirit helps us in our weakness. We do not know what we ought to pray for, but the Spirit Himself intercedes for us with groans that words cannot express. And He who searches our hearts knows the mind of the Spirit, because the Spirit intercedes for the saints in accordance with God's will." (Romans 8:26-27)

Day 17 SPECIAL NEEDS – Breakthrough and Deliverance

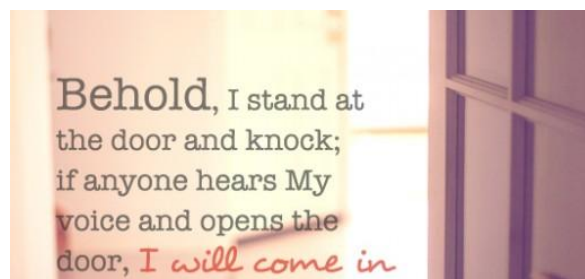
Hear our prayer today as we fast for those battling with drugs, alcohol, food, gambling, pornography or other addictions and bondage. Father, we pray that as we cry out to You, You will hear us and save us from our distress and pain. "Then they cried unto the Lord in their trouble, and He saved them from their distress. He brought them out of darkness and the deepest gloom and broke away their chains. (Psalm 107:13-14) We not only pray for the restoration of these persons, but we also pray for their families. Please heal souls, bodies, minds and relationships in the Name of Jesus. "But now, this is what the Lord says - 'Fear not, for I have redeemed you; I have summoned you by name; you are mine. When you pass through the waters, I will be with you; when you pass through the rivers, they will not sweep over you. When you walk through the fire, you will not be burned . . . For I am the Lord, your God, the Holy One of Israel, your Savior; you are my witnesses, "declares the Lord," that I am God. **AMEN!**

God's Prayer Promise: "Then they cried unto the Lord in their trouble, and he saved them out of their distresses." (Psalm 107:13)

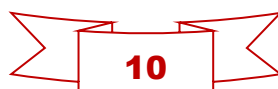
Day 18 SPECIAL NEEDS – Salvation

Father, as we focus on You today, give us Your heart for the lost, those who don't know You in the pardon of their sins. Open their eyes. Use us as witnesses of Your goodness and grace. Water the seeds of the Gospel that have been planted in the lives of our lost family members, friends, co-workers, neighbors, enemies, and people all over the world. Save those that You have created from the punishment of hell, for Your glory and honor, in Jesus' name we pray. **AMEN!**

God's Prayer Promises: "For God did not send His Son into the world to condemn the world, but that the world through Him might be saved." John 3:17



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Day 19 OUR COMMUNITIES – The Church Universal

We pray for unity in the Body of Christ. May we be a church that honors You. O God, as we give You all that we have on today, we pray for Your people, Your church throughout this world. Keep us from the plans of the enemy. Give strength to those who are oppressed. Grant grace to missionaries, pastors, and all who serve You. May Your church expand and grow into the world-changing force that You desire us to be, for we ask it in the name of Jesus. **AMEN!**

God's Prayer Promises "Now unto him that is able to do exceeding abundantly above all that we ask or think, according to the power that worketh in us, unto him be glory in the church by Christ Jesus throughout all ages, world without end. Amen." (Ephesians 3:20-21)

Day 20 OUR COMMUNITIES – Local, State, Nation, All Schools

Our Heavenly Father, as we submit to Your Will today, we pray for our local communities, state, and nation. Spread Your Kingdom throughout this land. Support justice and cover the lost, less-fortunate, and the least from the evils of this sin-sick world. Be glorified today, in Jesus' name. Thank You, Lord, for hearing and answering our prayers during this season. As we have followed in the footsteps of Jesus, we have experienced great and marvelous things. **AMEN!**

God's Prayer Promises: "The eyes of the Lord are in every place, keeping watch on the evil and the good." Proverbs 15:3)

Day 21 OUR COMMUNITIES – Global Communities, the World

Lord God, we and fast and pray for the world because You so loved the world that You gave Your only begotten Son, that whoever believes in Him should not perish but have everlasting life. (John 3:16) Bless every nation and every tongue. We lift up in prayer nations in conflict and those suffering from hunger, disease, and oppression. Spread Your Kingdom throughout our world until "the kingdoms of this world become the Kingdom of our God and of His Christ." (Revelation 11:15) **AMEN!**

God's Prayer Promises: "I tell you the truth, if you have faith and do not doubt, not only can you do what was done to the fig tree, but also you can say to this mountain, 'Go throw yourself into the sea', and it will be done. If you believe, you will receive whatever you ask for in prayer." (Matthew 21:21-22)





PRAYER AND FASTING BENEFITS

ISAIAH 58:1-14

YOUR LIGHT WILL SHINE BRIGHTER: ISAIAH 58:8, PSALM 35:13, PSALM 69:6-10, 1 PETER 5:5-6

YOUR HEALING WILL COME SPEEDILY: MARK 16:8, MATTHEW 17:21

YOUR RIGHTEOUSNESS WILL GO BEFORE YOU: ROMANS 14:17

GOD'S GLORY WILL BE YOUR REAR GUARD: HEBREWS 13:5-6, EZRA 8:21-23

YOU WILL CALL ON THE LORD AND HE WILL ANSWER: JEREMIAH 29:13, 1 KINGS 19:13

THE LORD WILL GUIDE YOU ALWAYS: ISAIAH 58:11, ROMANS 8:14, JOHN 16:13

GOD WILL SATISFY YOUR NEEDS: PHILIPPIANS 4:19, PSALM 1:3

GOD WILL SEND RESTORATION: ISAIAH 58:12, 2 CHRONICLES 7:14

YOU WILL FIND JOY IN THE LORD: ISAIAH 58:14, PSALM 16:11, PSALM 126:5, MATTHEW 25:21

Congratulations on starting and finishing the Daniel Fast. We are excited about our future as the Lord transforms our church family into a Holy Place of Worship by cleaning His children from the inside out. As we are obedient to the Will of God through fasting and prayer, He will move on behalf of the saints. God manifested through Jesus, greater things that He promised will be demonstrated through His body, the church. You are urged to continue to believe God for answered prayers which will come during and after the fast. The key is to keep seeking God for answers.

With Gratefulness,

Pastor Percy L. Thompson and Ministerial Staff

